

'ASERET HA-DIBEROT

THE TEN COMMANDMENTS

And suddenly darkness formed over the mountain and lightning flashed and thunder crashed and then all was still. And then a voice came out of the darkness and the prophet heard these words:

I am the Lord your God who brought you out of the land of Egypt, and you shall worship no other gods before me, you shall not take the name of the Lord your God in vain.

Remember the Sabbath day to keep it holy. Honor your father and your mother. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet anything that is your neighbor's.

These are the holy words which the prophet brought down from the mountain. And the people knew this was the law and they were frightened, and they trembled.

בְּרוּךְ אַתָּה ה', נוֹתֵן הַתּוֹרָה.

Blessed are You, Adonai, who has given us the Torah.

Amen.