

BERIKH RAḤAMANA

BLESSING AFTER THE MEAL

בְּרִיךְ רַחֲמֵנָּא מְלַכָּא דְעֵלְמָא

מְרִיחַ דְּהַאי פִּיתָא

Blessed is the all merciful ruler of the earth,
Blessed is the all merciful creator of this bread.

-- Traditional Blessing (Aramaic)

We have eaten and been satisfied
May we not ignore those who lack the food they need;
Open our eyes, our hearts, our hands
So we may share your gifts and banish hunger from this world.

Make poverty history.

Do it now.

Make it history.

--additional words by Judith Silver