

ELOHAI

FROM THE 'AMIDAH

My God, keep my tongue from evil,	אֱלֹהִי, נִצּוֹר לְשׁוֹנֵי מַרְעַ,
my lips from lies.	וּשְׂפָתַי מִדְּבַר מְרָמָה,
Help me ignore those who would slander me.	וְלִמְקַלְלֵי נַפְשִׁי תִדָּם,
Let me be humble before all.	וְנַפְשִׁי כְּעָפָר לְכָל תְּהִיָּה.
Open my heart to your Torah,	פָּתַח לְבִי בְּתוֹרַתְךָ,
that I may pursue Your mitzvot.	וּבְמִצְוֹתֶיךָ תִרְדּוּף נַפְשִׁי.
Frustrate the designs of those	וְכָל הַחֹשְׁבִים עָלַי רָעָה,
who plot evil against me;	מִהֲרָה הִפֵּר עֲצָתָם
make nothing of their schemes.	וְקַלְקַל מַחֲשַׁבְתָּם.
Do it because of Your Name.	עֲשֵׂה לְמַעַן שְׁמֶךָ,
Do it because of Your strength.	עֲשֵׂה לְמַעַן יְמִינְךָ,
Do it because of Your holiness.	עֲשֵׂה לְמַעַן קִדְשֶׁךָ,
Do it because of Your Torah.	עֲשֵׂה לְמַעַן תּוֹרַתְךָ.
Deliver Your loved ones,	לְמַעַן יִחַלְצוּן יְדִידֶיךָ,
use Your power to save us, answer us.	הוֹשִׁיעָה יְמִינְךָ וְעַנֵּנִי.
May the words of my mouth	יְהִיו לְרָצוֹן
and the meditations of my heart	אֲמַרִי פִי
be pleasing before You,	וְהִגִּיוֹן לְבִי לִפְנֶיךָ,
Adonai, my rock and redeemer.	ה' צוּרִי וְגוֹאֲלִי.
My God, answer my prayer.	אֱלֹהִי, תַעֲנֵנָה תַפִּלְתִּי.